

## CURRICULUM VITAE

**Proposed role: Consultant**

**Contact details:**

**E:** [janegilbert@janegilbert.entadsl.com](mailto:janegilbert@janegilbert.entadsl.com)

**T:** 44 (0)1768 898202

**M:** 44 (0)7803790958

**Skype:** jane.gilbert88

[www.janegilbert.co.uk](http://www.janegilbert.co.uk)

**Category:**

1. **Family name: Gilbert**
2. **First names: Jane**
3. **Nationality: British**
4. **Civil Status:**
5. **Education:**

Institution from - to	Degrees and Diplomas obtained
University of Cape Town 1978-1981	B.A (Hons), M.A.
University of Leicester, UK 1982-85	M.Sc (Clinical Psychology)

**6. Language skills: (1 - excellent; 5 - basic)**

Language	Reading	Speaking	Writing
	<b>Mother tongue</b>		
<b>English</b>	<b>1</b>	<b>1</b>	<b>1</b>

**7. Membership of professional bodies:**

British Psychological Society (BPS)  
Chartered Psychologist, Associate Fellow  
Health Professions Council – Registered Clinical Psychologist  
ICRC Psychosocial Delegate Roster  
UN Counsellor Roster

8. **Other skills:** Microsoft WORD
9. **Present position:** Independent Consultant
10. **Years within the firm:** 12 years as an Independent Consultant
11. **Key qualifications:**

- Extensive experience in the assessment and evaluation of international mental health and psychosocial projects
- Analysis and presentation of complex information and ideas succinctly and clearly, both verbally and in writing (including for publication)
- Generation of practical solutions/action plans through creative, lateral thinking
- Exceptional interpersonal, negotiation and facilitation skills, including team building and personal development
- Facilitation of change within complex systems and organizations
- Flair and energy for inspiring leadership, while always developing the potential of others
- Capacity to work in all cultural contexts with appropriate sensitivity, supporting others to generate solutions through active problem solving
- Consultancy to support the development of mental health care services and systems
- Mental health sector training and curricula development, including the design of workshops and teaching

**13. Professional experience**

<b>Date from- to</b>	<b>Location</b>	<b>Company &amp; reference person<sup>1</sup> (name &amp; contact details)</b>	<b>Position</b>	<b>Description</b>
----------------------	-----------------	--	-----------------	--------------------

---

<sup>1</sup> The Contracting Authority reserves the right to contact the reference persons. If you have any objection to this fact, kindly state so and provide a justification

September 2013	Antakya Turkey	Danish Refugee Committee <b>Adam Iskandar</b> Programme Manager <a href="mailto:iskandar.adam@drc-turkey.org">iskandar.adam@drc-turkey.org</a>	Consultant	Altinozu Community Centre, Hatay Province <ul style="list-style-type: none"> <li>Support/mentoring of staff</li> <li>Design and facilitation of workshop for Syrian volunteers to improve confidence, identify skills/abilities, improve working relationships with Social Workers</li> <li>Provision of recommendations to support working relationships and development of activities at the centre</li> </ul>
August 2013	Istanbul, Turkey	Fordham University New York <b>Laura Risimini</b> International Programs Coordinator <a href="mailto:miha@fordham.edu">miha@fordham.edu</a>	Student	Mental Health in Complex Emergencies Course, Institute of International Humanitarian Affairs
March - June 2013	UK/Sudan	RedR UK <b>Sandra Martinsone</b> International Programmes Coordinator <a href="mailto:Sandra.martinsone@redr.org.uk">Sandra.martinsone@redr.org.uk</a>	Consultant	<ul style="list-style-type: none"> <li>Review and updating of Staff Welfare training materials, including research for and the design and development of new courses on personal resilience, organisational resilience, stress management and Psychological First Aid</li> <li>Facilitate courses in three locations in Sudan</li> <li>Capacity building with RedR's post traumatic incident support networks in Darfur (courses are completed, delay in obtaining visa for Sudan)</li> </ul>
Feb 2013	UK	Northumbria NHS Trust	Consultant	<ul style="list-style-type: none"> <li>SSC Global Health – design and facilitation of module on international mental health for medical students taking global health option</li> </ul>
Nov 2012	UK	MEDACT Marion Birch Director <a href="mailto:marionbirch@medact.org">marionbirch@medact.org</a>	External Facilitator	<ul style="list-style-type: none"> <li>Design and facilitation of “Away Day” for committee and members of MEDACT to review strategy, negotiate future directions, and construct an action plan</li> </ul>
				<ul style="list-style-type: none"> <li>Family responsibilities to care for parents with terminal illness</li> <li>Conference presentation</li> <li>External Reviewer for “Intervention” and “Development in Practice” journals</li> </ul>
August 2011 - Jan 2012	UK	North Yorkshire NHS Trust <b>Joanne Fawcett,</b> Clinical Team Manager: <a href="mailto:joanne.fawcett@nhs.net">joanne.fawcett@nhs.net</a>	Consultant Clinical Psychologist	<ul style="list-style-type: none"> <li>Assessment and therapy in secondary care services for complex psychological cases</li> <li>Supervision of members of Community Mental Health Team</li> </ul>
July 2010 – June 2011	UK	Self (no referee for this time period as no external contracts undertaken)	Consultant	<ul style="list-style-type: none"> <li>Assessments Axa-ICAS</li> <li>Teaching - SSC Global Health</li> <li>Research</li> <li>Writing for Publication</li> <li>Conference presentations</li> </ul>

May/June 2010				<ul style="list-style-type: none"> <li>• Travel break</li> </ul>
Feb/April 2010	Liberia	<p>Medical Emergency Relief International (MERLIN)</p> <p><b>Lawrence Oduma, Country Director:</b> <a href="mailto:cm@merlin-liberia.org">cm@merlin-liberia.org</a></p>	Consultant	<ul style="list-style-type: none"> <li>• Review Liberia's mental health policy and proposed legislation against WHO global policy and guidelines regarding mental health reform</li> <li>• Map current mental health services and psychosocial initiatives in four counties in Liberia, including MOH, INGOs, UN, traditional healers</li> <li>• Assess current mental health needs and service delivery capacity (included design of interviews and focus groups)</li> <li>• Explore possible partnerships for MH provision</li> <li>• Develop strategy and recommend key areas for intervention.</li> <li>• Provide recommendations to integrate mental health into Merlin's activities</li> <li>• Explore alternative funding options</li> </ul>
Nov 2009	Jordan	<p>Rehabilitation and Research Centre for Torture Victims (RCT), Denmark</p> <p><b>Dr Soeren Buus Jensen, Consultant Psychiatrist:</b> <a href="mailto:soeren@mentahealthconsult.com">soeren@mentahealthconsult.com</a></p>	Consultant – 2 person Mid Term Evaluation Team	<ul style="list-style-type: none"> <li>• Mid-term evaluation of new project with local NGO</li> <li>• Review of all referral systems</li> <li>• Impact of capacity building and impact of external training (included assessment of skills, interviews, focus groups)</li> <li>• Provision of recommendations</li> </ul>
Oct 2009 March 2010	Jordan	<p>Care International</p> <p><b>Seamus Jeffreson, Team Leader:</b> <a href="mailto:seamus.jeffreson@imcjordan.org">seamus.jeffreson@imcjordan.org</a></p>	Consultant X 2	<p>In collaboration with staff, capacity building for organisation</p> <ul style="list-style-type: none"> <li>• review of all assessment and referral systems , information systems, procedures, protocols, staff roles and responsibilities</li> <li>• design of new systems</li> <li>• training programme, including practical role play and mentoring, for staff designed and delivered (included design of training materials)</li> </ul>
Dec 2008 June 2009	Jordan	<p>Care International</p> <p><b>Seamus Jeffreson, Team Leader:</b> <a href="mailto:seamus.jeffreson@imcjordan.org">seamus.jeffreson@imcjordan.org</a></p>	Consultant X 2	<p>To develop the capacity of Jordanian staff to implement a new Case Management approach within Psychosocial Services to support community based programmes; this included:</p> <ul style="list-style-type: none"> <li>• the design and delivery of all initial training, including training materials, mentoring of staff</li> <li>• follow up support (second visit)</li> <li>• design and delivery of an "Introduction to Case Management" workshop for CARE partners and representatives from 12 INGOs, including training materials</li> </ul>
Nov 2008	Jordan	<p>Care International</p> <p><b>Seamus Jefferson, Team Leader:</b> <a href="mailto:seamus.jeffreson@imcjordan.org">seamus.jeffreson@imcjordan.org</a></p>	Consultant	<p>Design and provision of participatory and culturally appropriate workshops, mentoring and coaching for CARE's Jordanian Counselling staff on:</p> <ul style="list-style-type: none"> <li>• Time Management</li> <li>• Professional and Ethical practice</li> <li>• Dealing with conflict</li> </ul> <p>All included design of training materials</p>

		<a href="mailto:on@imcjordan">on@imcjordan</a>		
Sept/Oct 2008	Jordan	Care International  <b>Harriet Dodd (Ex)Director:</b> <a href="mailto:h_dodd_scuk@yahoo.com">h_dodd_scuk@yahoo.com</a>	Team Leader	Evaluation of 14 month ECHO funded project: Psychosocial Support & Material Assistance to Vulnerable Iraqi Families Coping with Displacement in Jordan. – included review of all programmes and linkages between referral systems both within and external to CARE. This evaluation utilised participatory methodology new to CARE. Responsibilities included: <ul style="list-style-type: none"> <li>• management of a team of three Iraqi refugees and three members of CARE's Quality Team (Jordanian)</li> <li>• empowering and developing the capacity of all team members through team building, informal seminars for the team on interviewing, focus group facilitation and questionnaire design</li> <li>• overseeing all aspects of data collection and analysis</li> <li>• collation of all findings and the structure and writing up of the final report.</li> </ul>
Feb 2008	Jordan Care International	<b>Harriet Dodd (Ex)Director:</b> <a href="mailto:h_dodd_scuk@yahoo.com">h_dodd_scuk@yahoo.com</a>	Consultant – 2 person team	Review and recommendations for re-structuring of Counselling and Psychosocial Services for Iraqi refugees. Using participatory methodology with both staff and refugees, this Included: <ul style="list-style-type: none"> <li>• analysis of strengths and weaknesses of CARE's provision of services, both counselling and community programmes, provision of recommendations for internal changes and longer term strategy</li> </ul>
March 2008	UK UK Fire Service Rehabilitation Centre	<b>Bryan Harvey</b> <a href="mailto:Bharvey@firefighterscharity.org.uk">Bharvey@firefighterscharity.org.uk</a>	Consultant	Assessment and Recommendations on Psychological Services as a Beneficiary Service. Review and evaluation of psychological workshops, pilot programme for 28 client, skill base of practitioners, provision of recommendations on the type of psychological service that could be provided to assist beneficiaries who attend the centre
2004 to 2008: once per year	UK IMA International	<b>Chris Grose, Director</b> <a href="mailto:Chris@imainter national.com">Chris@imainter national.com</a>		<ul style="list-style-type: none"> <li>• Design and facilitation of leadership; presentation skills; the psychology of “development”; cultural change modules for international NGO managers</li> <li>• Design of training materials and handouts</li> </ul>
Nov 2008	Khartoum RedR (UK)	<b>Catherine Russ</b> <a href="mailto:Catherine.Russ@redr.org.uk">Catherine.Russ@redr.org.uk</a>	Trainer	<ul style="list-style-type: none"> <li>• Managing Staff Wellbeing and Critical Incident Stress: From Policies to Practice</li> </ul> Participatory workshop designed and delivered for senior managers of INGOs based in Sudan to address issues of stress, burn out and how to manage staff and support both national and local staff in difficult, stressful and dangerous circumstances. Included design of training materials
Sept/Oct 2007	Jordan Northumbria University (in partnership with UNHCR):	<b>Janaka Jayawickrama Lecturer:</b> <a href="mailto:j.jayawickrama@unn.ac.uk">j.jayawickrama@unn.ac.uk</a>	Consultant  Facilitator	<ul style="list-style-type: none"> <li>• Capacity building/organisational assessment – Community Services and UNHCR Office, Amman</li> <li>• Design and delivery of workshop on Psychosocial, Mental Health and staff self care for UNHCR local Community Services staff from all UNHCR offices in the Middle East region, including design of training materials</li> </ul>
Aug 2007	Kenya Northumbria University (in partnership with UNHCR):	<b>Janaka Jayawickrama Lecturer:</b> <a href="mailto:j.jayawickrama@unn.ac.uk">j.jayawickrama@unn.ac.uk</a>	Facilitator	<ul style="list-style-type: none"> <li>• Design and delivery of workshop on Psychosocial, Mental Health and staff self care for UNHCR local Community Services staff from seven African countries, including design of training materials</li> </ul>
Nov 2007	UK DFID	<b>Dr Soeren Buus Jensen, Psychiatrist:</b> <a href="mailto:soeren@mentahealthconsult.com">soeren@mentahealthconsult.com</a>	Consultant Psychologist on three person mid term evaluation team	Mid-term evaluation of DFID's first major research project in mental health – South Africa, Ghana, Uganda and Zambia. It included: <ul style="list-style-type: none"> <li>• Design of appropriate methodology</li> <li>• Semi-structured interviews with many different stakeholders</li> <li>• Assimilation and analysis of complex information from many sources</li> <li>• Report and recommendations for second stage of project</li> </ul>
2002-2006 Teaching/workshops	Ghana		Lecturer	University of Winneba - Psychological Problems in Cultural Context (workshop for staff), including design of training materials
	UK		Facilitator	Liverpool School of Hygiene and Tropical Medicine (LSHTM) Psychological Self Care for Aid Workers(Diploma in Humanitarian Assistance)
			Facilitator	Institute of Child Health - Transcultural Mental Health module for MSc Programme
			Facilitator	Centre for Counselling and Psychotherapy Education (CCPE) Implications of Culture, Socialisation and Language for Clinical Practice

			Facilitator	University of London, Institute of Community Health Sciences Transcultural Mental Healthcare, including design of training materials and handouts
			Facilitator	Merlin Psychosocial Health, including design of training materials and handouts
			Facilitator	RedR (x 5) Introduction to International Mental Health
External Facilitation	UK	MEDACT	Facilitator	Design and Facilitation of extensive Policy Review for Board and Trustees
	Brussels	World Federation for Mental Health (WFMH)	External Facilitator	Design and facilitation of 3 day first meeting of five international agencies participating in the first Global Mental Health Advocacy Forum
	UK	Peace/Security Liaison Group	External Facilitator	Facilitation and design of Strategy Review to consider future focus and direction of a network of 12 NGOs engaged in peace and security issues
1986-2000 NHS	UK	National Health Service	Head of Service, Clinical Psychologist	Variety of posts within adult mental health services in the NHS, rising to increasing levels of responsibility. Includes: extensive clinical work with all types of problems in adult mental health, supervision of counsellors and other staff, Head of Service, Director of Department of Psychological Services.
1986-2000 Consultancies	Uganda	PANOS UK		Gulu - Design and delivery of workshop on "Masculinity and Conflict"
		Quaker Peace and Service, Africa Division		Review of potential input to trauma care in Africa
		NHS		The design and facilitation of "Away Days" and team building for GP practice Facilitation of a support group for women GPs
	Lesotho	Wales/Lesotho Mental Health Link		Lesotho - Design and facilitation of Counselling Skills Course for mental health staff in Lesotho, synthesising elements of Western and Basotho culture, including design of training materials and handouts
	Uganda	Action on Disability and Development (ADD)		Uganda - Assessment of mental health services, report and recommendations, design of a community based programme
	The Gambia	Gambia College, Banjul.	Clinical Psychologist/ Tutor	Tutor, SRN Programme – curriculum planning, collation of indigenous case studies, teaching with integration of Western and Gambian approaches, project on traditional healers, supervision of clinical placements